WALKING: BUSH WALKING

ADULTS

POPULATION PARTICIPATING

- Active population - Logan
- Inactive population - Logan
- Active population - Australia
- Inactive population - Australia

RESPONDENTS DEMOGRAPHICS

- Adult
- Seniors
- Youth and young adult
- Male
- Female

AVERAGE PARTICIPATION

1 time a week

6th most popular activity for adults

- Walking for exercise
- Fitness/Gym
- Running/Jogging
- Swimming/Diving
- Road Cycling
- Soccer (Outdoor)
- Mountain Bike Riding
- Yoga

6th highest Council facility used (15.3%)

AVERAGE SESSION LENGTH

114.2 minutes

CHILDREN

14th most popular activity for children

- Soccer (Outdoor)
- Swimming/Diving
- Road Cycling
- Tennis
- Dancing/Ballet
- Walking for exercise
- Soccer (Indoor)
- Australian Rules Football
- Football (exc. Rugby, Soccer, Aus Rules)
- Martial Arts
- Netball
- Athletics, Track and Field
- Gymnastics

AVERAGE PARTICIPATION

1 time a fortnight

AVERAGE SESSION LENGTH

60.0 minutes

7th highest Council facility used (34.9%)

Note:
To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 74 Logan residents 15 years old and over, participating in ‘bush walking’.

WWW.LOGAN.QLD.GOV.AU