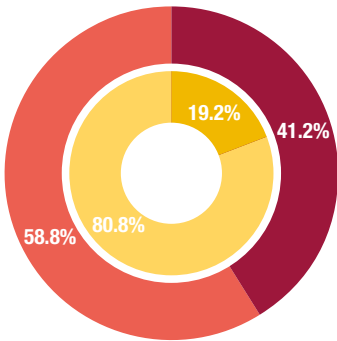


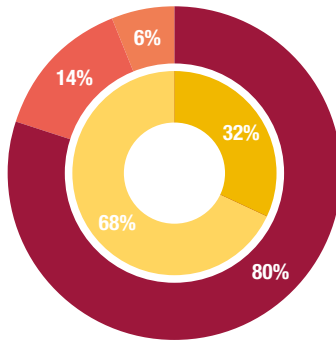
# WALKING FOR EXERCISE ADULTS

## POPULATION PARTICIPATING



- Walking population - Logan
- Non-walking population - Logan
- Walking population - Australia
- Non-walking population - Australia

## RESPONDENTS DEMOGRAPHICS



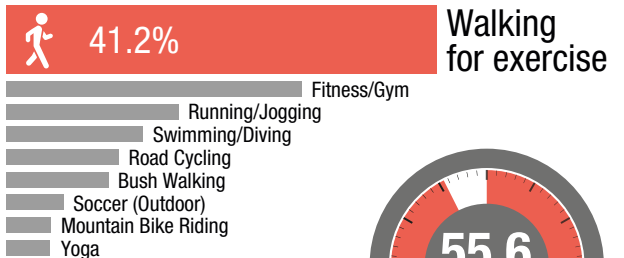
- Adult
- Youth and young adult
- Seniors
- Male
- Female

## AVERAGE PARTICIPATION

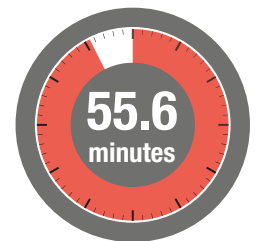
**4** times a week



## Most popular activity for adults

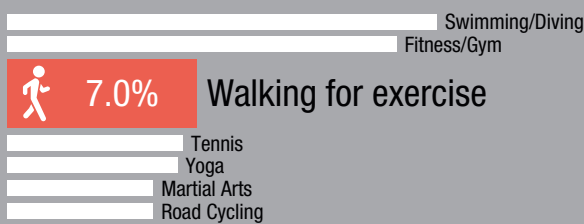


## Average session length



**2<sup>nd</sup>** highest Council facility used (45.7%)

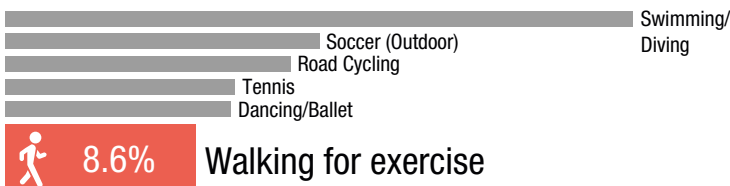
## RESTRICTED ACTIVITIES



**3<sup>rd</sup>** highest activity that residents would like to participate in more.

## CHILDREN

### 6<sup>th</sup> most popular activity for children



## AVERAGE PARTICIPATION

**3** times a week

## Average session length



**3<sup>rd</sup>** highest Council facility used (34.9%)

### Note:

To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 310 Logan residents 15 years old and over, participating in 'walking for exercise'.

