MOUNTAIN BIKE RIDING

ADULTS

**POPULATION PARTICIPATING**
- Active population - Logan: 4.3%
- Inactive population - Logan: 95.7%

**RESPONDENTS DEMOGRAPHICS**
- Adult: 74%
- Seniors: 26%
- Youth and young adult (0%)
- Male: 99%
- Female: 1%

**AVERAGE PARTICIPATION**
- 1 time a week

**8th most popular activity for adults**
- Mountain Bike Riding: 4.3%
- Walking for exercise
- Swimming/Diving
- Fitness/Gym
- Yoga

**Average session length**
- 165 minutes

**RESTRICTED ACTIVITIES**
- Martial Arts
- Road Cycling
- Swimming/Diving
- Touch Football
- Netball
- Canoeing/Kayaking

**12th highest activity that residents would like to participate in more.**
3.4% Mountain Bike Riding

**CHILDREN**

**15th most popular activity for children**
- Mountain Bike Riding: 4.3%
- Soccer (Outdoor)
- Swimming/Diving
- Tennis
- Dancing/Ballet
- Walking for exercise
- Soccer (Indoor)
- Australian Rules Football
- Football (exc. Rugby, Soccer, Aus Rules)
- Martial Arts
- Netball
- Athletics, Track and Field
- Gymnastics
- Bush Walking

**AVERAGE PARTICIPATION**
- 1 time a week

**Average session length**
- 99.4 minutes

**7th highest Council facility used (10.6%)**

**OFF ROAD TRACKS AND TRAILS**
- Mountain Bike Riding
- Netball
- Australian Rules Football
- Gymnastics
- Athletics, Track and Field
- Walking for exercise
- Soccer (Indoor)
- Dancing/Ballet
- Football (exc. Rugby, Soccer, Aus Rules)
- Martial Arts
- Touch Football
- Netball
- Swimming/Diving
- Road Cycling
- Touch Football

**Note:**
To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 32 Logan residents 15 years old and over, participating in ‘mountain bike riding’.