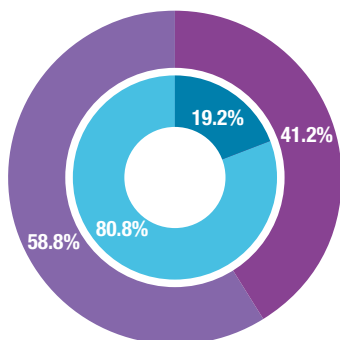


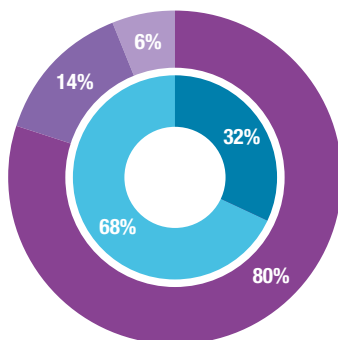
# FITNESS/GYM ADULTS

POPULATION PARTICIPATING



- Active population - Logan
- Inactive population - Logan
- Active population - Australia
- Inactive population - Australia

RESPONDENTS DEMOGRAPHICS

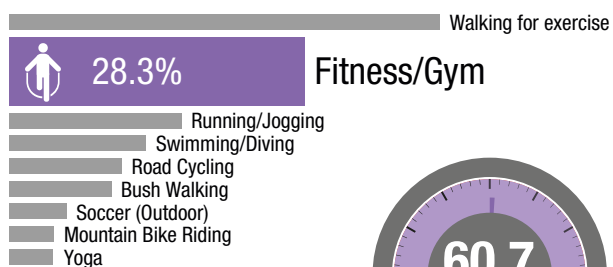


- Adult
- Seniors
- Youth and young adult
- Male
- Female

**AVERAGE PARTICIPATION**

**3 times a week**

**2<sup>nd</sup> most popular activity for adults**

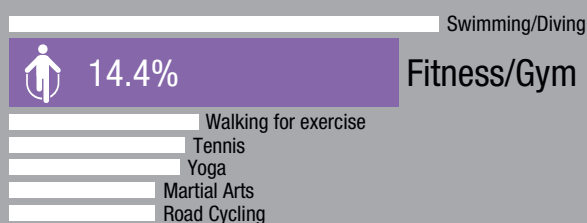


**Average session length**



**7<sup>th</sup> highest Council facility used (14.3%)**

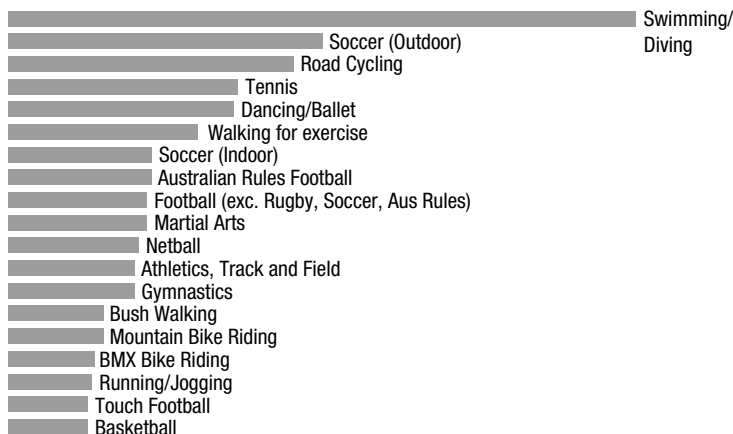
RESTRICTED ACTIVITIES



**2<sup>nd</sup> highest activity that residents would like to participate in more.**

## CHILDREN

**20<sup>th</sup> most popular activity for children**

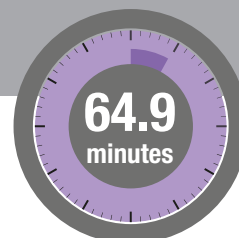


**3.3% Fitness/Gym**

AVERAGE PARTICIPATION

**2 times a week**

**Average session length**



**Note:**  
To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 213 Logan residents 15 years old and over, participating in 'fitness/gym'.

