**RUNNING/JOGGING**

**ADULTS**

**POPULATION PARTICIPATING**
- Active population - Logan: 92.6%
- Inactive population - Logan: 7.4%
- Active population - Australia: 83.5%
- Inactive population - Australia: 16.5%

**RESPONDENTS DEMOGRAPHICS**
- Adult: 58%
- Seniors: 42%
- Male: 16%
- Female: 84%

**AVERAGE PARTICIPATION**
- 3 times a week

**3rd most popular activity for adults**
- Fitness/Gym
- Walking for exercise
- Swimming/Diving

**CHILDREN**

**17th most popular activity for children**
- Soccer (Outdoor)
- Road Cycling
- Tennis
- Dancing/Ballet
- Walking for exercise
- Soccer (Indoor)
- Australian Rules Football
- Football (exc. Rugby, Soccer, Aus Rules)
- Martial Arts
- Netball
- Athletics, Track and Field
- Gymnastics
- Bush Walking
- Mountain Bike Riding
- BMX Bike Riding

**AVERAGE PARTICIPATION**
- 2 times a week

**3rd highest Council facility used (34.9%)**
- Bikeways/Pathways

**Average session length**
- 37.9 minutes

**RESTRICTED ACTIVITIES**
- 15th highest activity that residents would like to participate in more.
- 2.9% Running/Jogging

**Note:**
To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 124 Logan residents 15 years old and over, participating in ‘running/jogging’.