The 2003 - 2008 Logan Public Health Plan is a key health initiative of Logan City Council and Queensland Health’s Brisbane Southside Public Health Unit, which is fully supported by the Mayor of Logan City, the Deputy Mayor and the Chairperson of the Development, Health and Environment Committee.

The development of the Logan Public Health Plan has created a vision for the people of Logan and other stakeholders to “work together to enhance community well-being and quality of life in Logan.” The Plan aims to set the framework for:

• Enhancing integrated and collaborative planning for improved ‘health’ in Logan

• Implementing effective planning mechanisms, which identify and respond to local public health needs

• Identifying how services can be better accessed by the community for their health needs and

• Engaging the community in decision-making on health needs and services.

Recognition has been given to the importance of linking strategies contained in the Logan Public Health Plan with the business plans of other agencies, and to other planning mechanisms, including the ‘Whole of Government’ - Regional Framework for Growth Management and the Integrated Planning Act. During the implementation of the Logan Public Health Plan, the linkages with the various levels of government and other forums, such as the Southern Gateway Regional Managers’ Forum, the Regional Organisation of Councils and the industry sector, will be further strengthened to facilitate cooperative working relationships for the future.

The collaborative planning approach will ensure local health needs are placed on the agenda of the organisations responsible for such initiatives and provides a platform for organisations to seek funding to adequately resource implementation. The approach clearly provides for information flow to other higher order planning mechanisms, and allows a participative approach to rolling out new public health initiatives over a five-year period.

Lets all work together to enhance community well-being and quality of life in Logan.

Proudly produced by Project Partner:

Logan City Council, Development Health and Environment and
Queensland Health, Brisbane Southside Public Health Unit
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Acknowledgments

Logan City Council sincerely thanks the following agencies and individuals for their commitment and contribution to the development of the Logan Public Health Plan 2003 - 2008.

The Project Management Group:

- Queensland Health, Brisbane Southside Public Health Unit - Mr Greg Shillig, Mr David Logan, Mr Chris Towner, Ms Elizabeth Davies, Ms Sofie Sandberg and Ms Maureen Shuttlewood
- Logan City Council, Development Health and Environment - Ms Gillian Mansfield, Ms Paula Seal, Mr Randall Deans, Ms Beata Zimkowska, Mr Steven Keks and Mr Malcolm Crabtree
- Logan City Council, Social Coordination Branch - Ms Kareen Pillar and Ms Melissa McKeering
- Project Consultants, Griffith University, School of Public Health - Mr Peter Davey and Ms Zoe Murray.

The Consultative Committee:

- Logan City Council - Councillor Darren Power and Councillor Graham Able (Deputy Mayor)
- Ethnic Community Members Council of Queensland - Ms Agnes Whiten
- Youth and Family Service (Logan City) Inc. - Mr Brett Cutting and Ms Susan De Campo
- Disability Services Queensland - Ms Linda Rolls
- Department of Transport - Mr Lance Maxwell
- Mental Health Community Development Project - Ms Diana East
- Queensland Police (Logan Central) - Sergeant Chris Ilett
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- Community Renewal Reference Group (Woodridge) - Ms Bev French
- Community Renewal Program (Department of Housing) - Mr Mike Corne
- Community Representative - Ms Isabel Gellatly
- Department of Aboriginal and Torres Strait Islander Policy and Development - Mr Jim Evans
- Queensland Health, Logan-Beaudesert Health Service District - Ms Sabrina Walsh and Mr Brett Bricknell
- Queensland Health, Logan-Beaudesert Health Service District, Community Health - Mr Terry Symonds and Ms Susan Murray
- Loganlea State High School - Ms Jenny Shale
- Logan Women's Health Centre - Ms Lynda Pullen
- Department of Families - Mr David Shellshear, Ms Paula Howard and Ms Sonja Grosser
- Logan Area Division of General Practice - Mr Phil Johnson, Ms Margaret Defienbatch and Ms Tracey Varney
- Logan City Council, Social Coordination Branch - Ms Kay Franks, Mr Peter Arnall and Ms Gabriella Berger

All Focus and Theme Group participants and facilitators.

All other individuals who devoted their time and provided comments.
Logan Public Health Plan
2003–2008

1.0 Introduction
1.0 Introduction

Public health planning is concerned with identifying local health issues and establishing processes for setting local health goals and strategies to achieve them. The Logan Public Health Plan is the product of a process in which representatives of the community and the various levels of government and other agencies participated in the identification of both health priorities and solutions. This document contains strategic actions to be carried out by a number of community groups, sectors and levels of government to reach strategic objectives and outcomes over the next five years.

Background

The Logan Public Health Planning project was initiated by a partnership between Logan City Council’s Department of Development Health and Environment and Queensland Health, Brisbane Southside Public Health Unit. The partnership recognised the potential benefits to the community that such a plan could facilitate. With the commitment of both partner agencies and the assistance of the School of Public Health, Griffith University, this project has become a realisation. This core group was formed as the Logan Public Health Plan Project Management Group.

The Project Management Group considered it important to have a broad perspective of health. Such a perspective is represented by the World Health Organisation’s definition of “health”.

‘Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.’

Linkages to Other Planning Mechanisms:

The Logan Public Health Plan has important linkages to federal, state, regional and local strategic planning mechanisms, including:

- The National Environmental Health Strategy
- National Health Priority Areas
- SEQ 2021 A Sustainable Future – Planning for the Future of South East Queensland Today
- Smart State; Health 2020 - A Vision for the Future
- The Whole of Government Regional Framework for Growth Planning
- Integrated Planning Act
- Queensland Health’s Strategic Plan 2000 – 2010
- Health Indicators for Queensland Southern Zone 2001, including Social Determinants of Health
- Logan City Council’s Corporate Plan 2001 – 2005
- Logan City Council’s Planning Scheme
- Business, Corporate or Strategic Plans of other partner agencies.

The integration of the Logan Public Health Plan to other planning mechanisms, levels of government, agencies and forums is represented in Figure 1 - Implementing Public Health Planning in Logan City.
Logan City Council’s Corporate Plan 2001 - 2005 outlines the key strategic issues and priorities for ‘Logan to develop as a City of Families, Lifestyle and Business’. One of the key strategic actions of the Corporate Plan is ‘enhancing community lifestyle and well-being’ with the key objective being ‘to offer a range of accessible lifestyle choices and to pursue community health and well-being so as to enhance the quality of life enjoyed throughout Logan’.

The Logan Public Health Plan aligns with Council’s mission to strongly pursue the City vision, as identified in Logan City Council’s Corporate Plan, in partnership with its communities and other stakeholders. Logan City Council perceives itself as a provider of services that supports the lifestyle, well-being, and economy of the city and a leader in advancing Logan’s interests through a professional and responsive organisation focused on providing quality services and pursuing excellence in all that it does.

The National Health Priority Areas initiative is Australia’s response to the World Health Organisation’s global strategy ‘Health for All by the Year 2000’ and its revised strategy ‘Health for All in the 21st Century’. It is a collaborative effort, strongly focused on co-operation between the commonwealth, state and territory governments and draws on relevant expertise from the non-government sector.

The seven identified National Health Priority Areas are:

- cancer control
- mental health
- injury prevention and control
- cardiovascular health
- diabetes mellitus
- asthma
- arthritis and musculoskeletal conditions.
**Guiding Principles**

The approach taken has been based on the World Health Organisation’s Healthy Cities project. The Healthy Cities concept originated in 1986, and had a focus on the city setting as a way of consolidating and localising broad health promotion strategies so that the social, economic and environmental conditions which foster healthy and sustainable communities could be realistically achieved. In Queensland, a model was developed for the formulation of public health plans in line with the principles of the World Health Organisation’s Healthy Cities movement.

The ‘guiding principles’ of the Healthy Cities and Shires Framework developed within Queensland are:

- collaboration
- participation
- equity
- socio-ecological health.

Additionally, as set out in figure 2, it is considered that there are three main sectors, which impact on health, involving community, environment and economy. The outcome of the interrelationship of these areas can be conceptualised as health and sustainable human development.

**Figure 2 - Conceptual Model of Human Development**

(Adapted from Trevor Hancock, 1997)

The model suggests that good health and sustainable human development will only be achieved if the relationships between the areas are equitable, sustainable and livable. Community conviviality, environmental viability and economic adequacy need to be balanced. Community conviviality is related to the web of social relations, civic community and social solidarity. Environmental viability refers to the quality of the local ecosystem, including air, water, soil and the food chain. Economic adequacy means having a level of economic activity that can meet basic needs.

**Summary of Planning Process**

The process of public health planning is just as important as the outcome. The process aims to build partnerships with other sectors and levels of government; and to provide the community with an opportunity to participate in local health decision-making.

Through various working partnerships between local government, Queensland Health and Griffith University, the process for developing public health plans, as published by P Chapman and P. Davey in a Municipal Public Health Plan Resource Manual, Part A, in 1985, has been modified and adapted for effective implementation in the Logan community. Getting the planning structures right at a state and local government level has been the key to a successful municipal public health planning processes at the local level.
Figure 3 describes the Logan Public Health Plan planning process as it was modified and adapted to suit the particular community environment.

**Figure 3 - The Process of Municipal Public Health Planning in Logan City**

1. **Gaining commitment and raising awareness**

Three awareness-raising sessions were held with Councillors and staff from Logan City Council and Queensland Health’s Brisbane Southside Public Health Unit through a stakeholder’s forum. This stakeholder’s forum included a broad range of community and agency representatives, who were invited to commit to their involvement in a Consultative Committee to oversee the development of the Logan Public Health Plan. Awareness-raising activities continued throughout the development process, primarily through involvement in the consultation processes, the development and distribution of newsletters and media releases.

2. **Setting up a structure for managing the project**

The project management structure included the establishment of a Project Management Group with representation from Logan City Council, Queensland Health Brisbane Southside Public Health Unit and Griffith University School of Public Health. The Project Management Group was involved in the day-to-day coordination and implementation of the project.

A Consultative Committee was established to oversee the project, assist in the development of partnerships and ensure the project development suited the needs and characteristics of the community.

The Consultative Committee’s role was to:

- Provide input for the project
- Advocate and foster partnerships, networks and healthy policy development
- Discuss issues
- Assist in the prioritisation of issues
- Provide integration between the different agencies and planning processes
- Endorse the planning process
- Facilitate communication regarding the progress of the project to the representative’s organisation.

3. **Assessing community health needs**

Two approaches were taken to gathering information about community health needs in Logan. The first information source was the Logan Public Health Profile. The Profile was created to capture statistical information on the background of the health status of Logan. Information sources included Queensland Health’s - Health Indicators for Queensland, Southern Zone 2001 which includes Social
Determinants of Health and the Australian Bureau of Statistics, Census data. The second approach involved the formation of community focus groups. Community participation in identifying community health needs was considered an important aspect of the public health planning process. To foster the involvement of community members and agencies, a series of ‘issue’ and geographical based focus group meetings were held with a total of one hundred and thirty-nine community residents attending. The focus group meetings were advertised to encourage participation. The following focus groups were formed:

- Young Children
- Tenancy
- Youth
- Older Persons
- Multicultural Persons
- Persons with a Disability
- Mental Health
- West Geographical (Crestmead, Browns Plains, Heritage Park, Regents Park, Park Ridge, Boronia Heights, Hillcrest, Forestdale, and Greenbank)
- East Geographical (Rochedale South, Springwood, Priestdale, Daisy Hill, Shailer Park, Tanah Merah, Loganholme, Cornubia and Carbrook)
- Central Geographical (Underwood, Woodridge, Logan Central, Slacks Creek, Berrinba, Kingston, Meadowbrook, Loganlea, Waterford West, Marsden and Logan Reserve).

In addition, input was sought from and provided by the Murri and Torres Strait Islander Network Inc.

4. Selecting priority issues for action

Draft theme areas and potential priority issues were identified through the analysis of information gathered in the Logan Public Health Profile and input from the focus group meetings. The proposed theme areas included:

- Public health and lifestyle
- Effective health service delivery to respond to health needs
- Community capacity
- Affordable and appropriate housing.

5. Developing strategies

To further prioritise and develop strategies, inter-sectoral working groups were created around each of the proposed themes. Government, community and other agency and/or organisational representatives were invited to participate in these groups. The theme working groups met three to four times over four weeks to work collaboratively on identifying objectives, strategies and the key partners to be involved in strategic actions.

6. Writing the plan

A draft plan was devised from the theme working groups’ recommendations on strategies, key partners and desired outcomes. These draft strategies were forwarded to the identified agencies for their consideration and commitment in principle to implement some or all of the actions over the life of the plan.

7. Coordinating the Implementation, Monitoring and Review of the plan.

Coordination, implementation, monitoring and review of the plan will be overseen by the Steering Committee. The Consultative Committee has agreed in principle to continue as the Steering Committee to assist in the implementation of the Logan Public Health Plan.
Steering Committee

The role of the Logan Public Health Plan Steering Committee will include gathering and disseminating feedback regarding the progress of actions and dealing with new issues that may arise. The role of the Steering Committee specifically includes:

- Steering the ‘rolling out’ of the plan and monitoring of actions
- Encouraging key partners to implement ‘actions’ in the plan
- Fostering inter-agency cooperation
- Promoting organisational capacity building
- Sharing of results with the community
- Advocating for community engagement
- Identifying and removing barriers to assist in the implementation of strategies.

Chair and Facilitation Role of the Steering Committee.

Logan City Council will take on the responsibility of chairing the Logan Public Health Plan Steering Committee in a facilitation role. Consequently Logan City Council’s Department of Development Health and Environment will undertake the following activities:

- Be the communication point for the plan and provide access to the Steering Committee
- Take minutes and distribute these to the Steering Committee representatives
- Update the Council website with progress information for general public access.

Lead Key Partners and Key Partners

Beside each action item within the plan, lead key partners have been identified in bold and the key partners are listed below. The lead key partners and key partners have an important role in the implementation of the plan, as without their efforts the strategies and action items would not be achieved.

Lead Key Partners

The lead key partners will have the following roles:

- Determine which actions they will undertake for a particular financial year. These actions will then be able to form part of the particular agencies’ operational plans. It is recognised that resourcing constraints may hinder or defer the implementation of the actions
- Coordinate and administer actions as identified. This will include organising partner meetings and auspicing grants if appropriate
- Communicate with and attend the Steering Committee meetings. It is expected that the lead key partners will advise the steering committee of their plan (ie. timetable) for implementing the determined actions and provide regular feedback on progress so that the Steering Committee can inform the community on the progress
- To involve stakeholders and existing community groups where possible
- Encourage community ownership

Key Partners

Key partners will have the following roles:

- Implementing strategies to ensure intellectual and local knowledge is incorporated in the outcomes for the benefit of the community and integrity of the outcome
- Information provision
- Integrated delivery of actions
- Advocacy of strategies
- Referral and ensuring the right person in their organisation is consulted
- Facilitating networks
- Problem solving.
2.0 Public Health and Lifestyle

There is considerable evidence that a relationship exists between a person’s lifestyle and personal health. In particular, smoking, alcohol and drug abuse, lack of exercise and poor diet and nutrition are identified as risk factors for premature illness and death. Public health and preventative health activities advocate for a healthy lifestyle. Preventative health strategies have contributed to a major decrease in the prevalence of disease and mortality in the last century.

The Australian National Health Strategy recognised the definition of public health as ‘the science and art of preventing disease, prolonging life and promoting health.’ (Commonwealth Department of Health and Age Care, 1999, Australian National Health Strategy)

Public health ‘prevention is generally cheaper than treatment, although its benefits may not always accrue in the short term, and its effects are not always immediately obvious or politically expedient’. (enHealth, 2000, The National Environmental Health Strategy)

The Logan Public Health Plan objective for the Public Health and Lifestyle theme is ‘to develop or enhance public health and lifestyle initiatives’.

The strategies include:

2.1 To support schools and childcare centres in order to provide public health and lifestyle services which are available to students and parents, using the health promoting schools model

2.2 To raise community awareness and enhance access to a range of public health life skill programs

2.3 To further enhance food safety legislative enforcement and training and education programs within the food industry

2.4 To provide opportunities for equitable access to activities, services and facilities that are safe and promote a range of community involvement

2.5 To enhance the capacity of community programs that address mental health well-being

2.6 To enhance the capacity of programs that address the prevention of diseases, illness and injury

2.7 To enhance environmental health and nuisance management initiatives

2.8 To promote effective communicable disease management.
### 2.0 Objective: To develop public health and lifestyle initiatives.

### 2.1 Strategy: To support schools and childcare centres providing public health life skill programs which are available to students and parents, using the Health Promoting Schools Model.

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| 2.1.1 Develop and implement a range of public health life skill programs within school and childcare centre settings using the Health Promoting Schools Model, and establish a mechanism for monitoring ‘health indicators’ in relation to these programs. The following issues are to be considered as potential public health life skill programs: | • Education Queensland  
• Logan City Council - Development, Health and Environment and Social Coordination Branch  
• Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, School Based Youth Health Nursing Team and Division of Oral Health  
• Queensland Public Health Forum  
• Schools  
• Tuckshop Association  
• Parents and Citizens Associations  
• Department of Families  
• Sport and Recreation Queensland  
• Health Promotion Association  
• Heart Foundation  
• Diabetes Australia - Queensland  
• Australian Cancer Fund  
• Youth and Family Service (Logan City) Inc.  
• Access Inc.  
• Logan City Multicultural Neighbourhood Centres  
• Murrigunyah Aboriginal and Torres Strait Islander Inc. | • Development and implementation of public health and lifestyle programs in school and child care centre settings.  
• Monitoring mechanisms implemented. |
| • anti-smoking                                 |                                                                                                         |                                                                                                         |
| • alcohol and drug use                        |                                                                                                         |                                                                                                         |
| • oral health                                 |                                                                                                         |                                                                                                         |
| • physical activity                           |                                                                                                         |                                                                                                         |
| • food and nutrition                          |                                                                                                         |                                                                                                         |
| • food safety (Food Sense, Food Safety Matters, Creating a Better Bite, Lunchbox, Germ Busters) |                                                                                                         |                                                                                                         |
| • healthy relationships and safe sexual practices |                                                                                                         |                                                                                                         |
| • prevention of accidents and injuries        |                                                                                                         |                                                                                                         |
| • promoting mental health well-being          |                                                                                                         |                                                                                                         |
| • parenting skills and improving family supports |                                                                                                         |                                                                                                         |
| • budgeting skills                            |                                                                                                         |                                                                                                         |
| • enhancing youth values                      |                                                                                                         |                                                                                                         |
| • living independently                       |                                                                                                         |                                                                                                         |
| • Cultural diversity                         |                                                                                                         |                                                                                                         |
| • responsible pet ownership                   |                                                                                                         |                                                                                                         |
| (Australian Veterinary Association Pets and People Education Program) |                                                                                                         |                                                                                                         |
| • nuisance management                         |                                                                                                         |                                                                                                         |
| • coping skills in dealing with inter-generational issues |                                                                                                         |                                                                                                         |
| • emergency preparedness                      |                                                                                                         |                                                                                                         |
2.2 **Strategy:** To raise community awareness and enhance access to a range of public health life skill programs.

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| 2.2.1 Develop, successfully fund and implement a range of community action plans and establish a mechanism for monitoring 'health indicators' in relation to the community action plans. The following issues are to be considered as potential public health life skill programs: | • Logan City Council - Development, Health and Environment and Social Coordination Branch  
• Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health and Division of Oral Health  
• Queensland Public Health Forum  
• Department of Families  
• Sport and Recreation Queensland  
• Logan Area Division of General Practice  
• Queensland Council of Carers  
• Health Promotion Association  
• Diabetes Australia - Queensland  
• Australian Cancer Foundation  
• Heart Foundation  
• Youth and Family Service (Logan City) Inc.  
• Logan City Multicultural Neighbourhood Centres  
• Murriguynyah Aboriginal and Torres Strait Islander Inc.  
• Interested Community Groups | • Development and implementation of community action plans where successful funding is obtained.  
• Monitoring mechanisms implemented. |
| 2.2.2 Disseminate information on public health and life skill programs to the community through a variety of communication channels, including Logan City Council website, community newsletters, and other media. | • Department of Families  
• Education Queensland  
• Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, School Based Youth Health Nursing Team  
• Logan City Council - Development Health and Environment and Social Coordination Branch  
• Neighbourhood and Community Centres | • Information disseminated to the community on public health life skill programs. |
| 2.2.3 Advocate for the development and implementation of public health life skill programs where requirements or gaps are identified. | • Department of Families  
• Education Queensland  
• Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, School Based Youth Health Nursing Team and Division of Oral Health  
• Logan City Council - Development, Health and Environment and Social Coordination  
• Multicultural, Neighbourhood and Community Centres | • Completion of a needs analysis of public health life skill programs.  
• Development and implementation of public health life skill programs where needs or gaps are identified. |
### 2.3 Strategy: To further develop food safety legislative enforcement processes and training and education programs within the food industry.

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<th>Performance Indicators/ Desired Outcomes</th>
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| **2.3.1 Finalise the development of, and implement the Logan City Council, Development Health and Environment Food Management Strategy.** | • Logan City Council - Development, Health and Environment  
• Food Businesses | • Endorsement of strategy by Logan City Council.  
• Implementation of actions identified in the strategy. |
| **2.3.2 Provide food handler training programs for the food industry sectors, particularly:**  
• charitable organisations  
• child care centres  
• school tuck shops/canteens  
• aged care facilities  
• temporary food events | • Logan City Council - Development, Health and Environment  
• Queensland Health - Food Reform Implement Team  
• SEQROC Food Sub-committee  
• Charitable organisations  
• Child care centres  
• School tuck shops/canteens  
• Aged care facilities  
• Temporary food event organisers | • Food handler training programs are provided to the food industry sectors. |
| **2.3.3 Develop and disseminate a range of information kits and guidelines to assist the food industry, including charitable organisations, with complying with food safety legislative requirements.** | • Logan City Council - Development, Health and Environment  
• Queensland Health - Food Reform Implementation Team  
• South East Queensland Regional Organisation of Councils (SEQROC)-Food Sub-committee  
• Queensland Health - Brisbane Southside Public Health Unit  
• Food Industry  
• Charitable Organisations | • Development and dissemination of a range of information kits and guidelines to assist the food industry, including charitable organisations, with complying with food safety legislative requirements. |
2.4 **Strategy:** To provide opportunities for equitable access to activities, services and facilities that are safe and promote a range of community involvement.

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| **2.4.1 Develop an implementation plan for the Logan Sport and Recreation Strategy and Facilities Plan that will guide the provision of a range of physical activity opportunities.** | • Logan City Council - Social Coordination Branch and Community Infrastructure Branch  
• Sport and Recreation Queensland | • Development of implementation plan. |
| **2.4.2 Include the Logan ‘Just Walk It’ program into Queensland Health’s events calendar and enhance the program to increase community involvement, with consideration given to the community’s cultural diversity.** | • Heart Foundation  
• Logan City Council - Social Coordination Branch and Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - State Wide Health Promotion Unit  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Adult Allied Health Nursing Team; and Division of Allied Health, Integrated Cardiac Rehabilitation Team  
• Logan Area Division of General Practice | • Inclusion of the Logan ‘Just Walk It’ program in Queensland Health’s events calendar.  
• Increased advertising profile of the ‘Just Walk It’ program  
• Increased community involvement and membership in the ‘Just Walk It’ program. |
| **2.4.3 Promote the diverse range of physical activities available to the community.** | • Logan City Council - Social Coordination Branch and Development, Health and Environment  
• Sport and Recreation Queensland  
• Multicultural Neighbourhood Centres  
• Education Queensland  
• Department of Immigration, Multicultural and Indigenous Affairs | • Information collated and disseminated on the range of physical activities available and how they can be accessed.  
• Implementation of a promotional campaign to raise awareness of the importance of physical activities. |
| **2.4.4 Encourage sport and recreation clubs to be more inclusive of culturally and linguistically diverse people.** | • Logan City Council - Social Coordination Branch  
• Sport and Recreation Queensland  
• Multicultural Neighbourhood Centre  
• Education Queensland | • Information provided to sport and recreation clubs on the importance of inclusiveness of cultural groups and mechanisms for achieving it.  
• Increased use of sport and recreation clubs by culturally and linguistically diverse people. |
| **2.4.5 Investigate the provision of physical activity opportunities for disadvantaged groups, including possible subsidies.** | • Logan City Council - Social Coordination Branch  
• Sport and Recreation Queensland  
• Heart Foundation  
• Education Queensland | • Investigation carried out and the information disseminated. |
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<td><strong>2.4.6</strong> Seek sustainable funding to promote engagement in physical activity.</td>
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<td><strong>2.4.7</strong> Investigate the sustainability of out of school hours physical activity programs.</td>
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<td><strong>2.4.8</strong> Identify and enhance social support initiatives and infrastructure to enhance community partnerships in physical activity and develop the Logan Sport and Recreation Forum.</td>
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<tr>
<td><strong>2.4.9</strong> Enhance the scope of the volunteer-based Friends of the Pound Program by incorporating animal facilitated therapy.</td>
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<tr>
<td>• Sport and Recreation Queensland</td>
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<td>• Logan City Council - Social Coordination Branch</td>
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<td>• Education Queensland</td>
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<tr>
<td>• Queensland Health - State Wide Health Promotion Unit</td>
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<td>• Logan City Council - Development, Health and Environment</td>
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<tr>
<td>• Aged care facilities</td>
</tr>
<tr>
<td>• Queensland Health - Logan-Beaudesert Health Service District</td>
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<tr>
<td>• Retirement / nursing homes / palliative care hospice</td>
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<th>Performance Indicators/ Desired Outcomes</th>
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<tr>
<td>• Sustainable funding available.</td>
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<td>• Investigation carried out.</td>
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<tr>
<td>• Identification and enhancement of community partnerships in physical activity.</td>
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<tr>
<td>• Development of the Logan Sport and Recreation Forum.</td>
</tr>
<tr>
<td>• Number of hospitals, retirement / nursing homes and other community support services participating in the therapeutic program.</td>
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</tbody>
</table>
### 2.5 Strategy: To enhance the capacity of community programs that address mental health well-being.

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<th>Performance Indicators/ Desired Outcomes</th>
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| 2.5.1 Develop an education and awareness program to raise community understanding and awareness of mental health issues, with a particular focus on disadvantaged groups. | **Queensland Health - Logan-Beaudesert Health Service District, Division of Mental Health Services**  
**Logan Area Division of General Practice**  
**Consumers and Carers Action Group**  
**Association of Relatives and Friends with a Mental Illness**  
**Queensland Health - Brisbane Southside Public Health Unit**  
**Department of Families** |  
- Development of educational and awareness program.  
- Include of mental health issues in the ‘talking health’ column of the Logan and Albert News. |
| 2.5.2 Develop early intervention strategies for the diagnosis and detection of mental health issues for young people. | **Queensland Health - Logan-Beaudesert Health Service District, Division of Mental Health Services**  
**Youth and Family Services (Logan) Inc.**  
**Queensland Police Service**  
**Logan Area Division of General Practice**  
**Consumers and Carers Action Group**  
**Association of Relatives and Friends with a Mental Illness** |  
- Development of and continuation of early intervention strategies, including:  
  - Facilitating Effective Therapy Through Canine Help (FETTCH); and  
  - Young People’s Early Intervention Program, including ‘More than the Blues’, an 8 week joint initiative with YFS; ‘PACE ACE’ a 10 week program with Queensland Police Service; ‘The Outlook’ and ‘Friends’ at the Marsden High School. |
| 2.5.3 Promote mental health educational programs, based on health promoting schools principles, to primary and secondary schools, utilising the Queensland Education ‘Destination 2010’ Action Plan. | **Queensland Education**  
**Queensland Health - Logan-Beaudesert Health Service District, Division of Mental Health Services, and Division of Community Health, School Based Youth Health Nursing Team** |  
- Implementation of mental health educational programs in primary and secondary schools. |
| 2.5.4 Develop and implement multi-strategy mental health promotion projects to improve the mental health and well-being of a range of disadvantaged groups. | **Department of Families**  
**Queensland Health - Logan-Beaudesert Health Service District**  
**Queensland Health - Brisbane Southside Public Health Unit**  
**Office for Women**  
**Women’s Infolink** |  
- Development and implementation of multi-strategy mental health promotion projects. |
| 2.5.5 Develop and implement support programs and activities for individuals and families who are at high risk following adverse life events. | **Department of Families**  
**Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Child Health Team, Paediatric Allied Health Team; and Division of Mental Health** |  
- Development and implementation of support programs and activities. |
2.6 Strategy: To enhance the capacity of programs that address public health and lifestyle initiates.

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| 2.6.1 Establish an Interagency group to investigate water fluoridation options in consultation with the community. | • Queensland Health - Southern Public Health Unit Network, Oral Health Program Coordinator  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Oral Health  
• Logan City Council - Development, Health and Environment, and Logan Water  
• Brisbane City Council  
• Gold Coast City Council  
• Redland Shire Council  
• Beaudesert Shire Council  
• Community Representatives | • Establishment of a water fluoridation Interagency group and investigation into water fluoridation options initiated. |
| 2.6.2 Promote and implement relevant actions within ‘Eat Well Queensland 2002-2012: Smart Eating for a Healthier State’. | • Logan City Council – Development, Health and Environment  
• Queensland Health - Public Health Nutrition Team for the Southern Public Health Network  
• Queensland Health - State Wide Health Promotion Unit  
• Queensland Public Health Forum - Food and Nutrition Working Group  
• Department of Families  
• Education Queensland  
• Diabetes Australia  
• Heart Foundation  
• Queensland Division of General Practices  
• Dietitians’ Association of Australia  
• Nutrition Australia | • Implementation of relevant actions within ‘Eat Well Queensland 2002-2012’. |
| 2.6.3 Review, and enhance strategies to reduce excess mortality from cardiovascular disease, including; planning, implementation and evaluation of good practice prevention interventions; strengthening of public health interventions focussing on nutrition, physical activity, tobacco and alcohol consumption and early childhood growth assessments; strengthening of cardiovascular heart disease and stroke prevention strategies for Indigenous people; and evidence based clinical management interventions including control of hypertension, cardio arrhythmias, hyperlipidermia, diabetes and early treatment and prevention of complications of myocardial infarction and stroke. | • Queensland Health - Logan-Beaudesert Health Service District, Division of Allied Health, Integrated Cardiac Team and Division of Medicine  
• Queensland Health - Brisbane Southside Public Health Unit  
• Logan Area Division of General Practice  
• Heart Foundation | • Review and enhancement of strategies to reduce excess mortality from cardiovascular disease undertaken. |
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| 2.6.4 Implement sun protection and shade provision policies/guidelines in childcare facilities, schools, workplaces and other settings through the development approval process. | • Queensland Health - Brisbane Southside Public Health Unit  
• Logan City Council - Development, Health and Environment | • Implementation of sun protection and shade provision policies/guidelines in childcare facilities, schools, workplaces and other settings through the development approval process. |
| 2.6.5 Implement the State Action Plans for tobacco, alcohol and other drugs. | • Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, Alcohol, Tobacco and Other Drugs Service  
• Alcohol, Education and Rehabilitation Foundation  
• Alcohol and Drug Foundation - Queensland | • Implementation of the State Action Plans. |
| 2.6.6 Develop and implement Indigenous Physical Activity Capacity Building projects. | • Queensland Health - Brisbane Southside Public Health Unit  
• Queensland Health - Logan-Beaudesert Health Service District, Indigenous Health Stream  
• Indigenous Groups  
• Logan City Council - Social Coordination Branch and Development, Health and Environment  
• University of Queensland | • Development and implementation of Indigenous Physical Activity Capacity Building projects. |
| 2.6.7 Implement programs and activities related to diabetes that raise awareness and provide for community education and provide practical support for people with diabetes and those associated with diabetics. | • Diabetes Australia - Queensland  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Integrated Diabetes Team  
• Meals On Wheels  
• Logan Area Division of General Practice  
• Community Nurses  
• Logan City Council - Development, Health and Environment  
• National Heart Foundation  
• Kidney Foundation  
• Pharmaceutical Companies and sub agencies | • Implementation of programs and activities related to diabetes, such as counselling and other dietetics services.  
• Increased attendance at the Diabetes Association Queensland Logan Outlet and the Logan Central Diabetes Support Group.  
• Promotion of educational material and on-line information. |
### 2.7 Strategy

To enhance environmental health and nuisance management initiatives.

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| 2.7.1 Finalise the development of, and implement, the Logan City Council, Development Health and Environment, Enforcement Strategy. | • Logan City Council - Development, Health and Environment | • Endorsement of strategy by Logan City Council.  
 • Implementation of actions identified in the strategy. |
| 2.7.2 Finalise the development of, and implement, the Logan City Council, Development Health and Environment Animal Management Strategy. | • Logan City Council - Development, Health and Environment | • Endorsement of strategy by Logan City Council.  
 • Implementation of actions identified in the strategy. |
| 2.7.3 Finalise the development of, and implement, the Logan City Council, Development Health and Environment Pest Management Strategy. | • Logan City Council - Development, Health and Environment  
 • Department of Natural Resources and Mines | • Endorsement of strategy by Logan City Council.  
 • Implementation of actions identified in the strategy. |
| 2.7.4 Finalise the development of, and implement, the Logan City Council, Development, Health and Environment, Education and Promotion Strategy. | • Logan City Council - Development, Health and Environment | • Endorsement of strategy by Logan City Council.  
 • Implementation of actions identified in the strategy. |
| 2.7.5 Maintain the Public Amenities Program and seek appropriate funding for the construction and refurbishment of toilet blocks. | • Logan City Council - Development, Health and Environment | • Funding obtained.  
 • Construction and refurbishment works carried out. |
| 2.7.6 Apply for funding to develop and implement a Community Sharps Management Plan in response to the Local Government Association of Queensland's ‘Building Safer Communities Sharps Management Strategy’. | • Logan City Council - Development, Health and Environment  
 • Local Government Association of Queensland  
 • Queensland Needle Availability Support Program  
 • Needle and Syringe Programs  
 • Queensland Health - Logan-Beaudesert Health Service District, Community Health; and Alcohol, Tobacco and Other Drugs Service  
 • Youth and Family Service (Logan City) Inc.  
 • Diabetes Australia - Queensland  
 • Logan City Council - Logan Waste, Parks, City Works, Community Services, Logan Water and Work Place Health and Safety  
 • Queensland Police  
 • Drug Arm  
 • Pharmacies  
 • Tattooists/Skin penetration establishments  
 • Community groups and businesses | • Funding obtained.  
 • Development and implementation of a Community Sharps Management Plan. |
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| **2.7.7** Finalise the development of and implement a protocol with Queensland Fire Rescue Service that considers the health impact of incineration (eg mitigates the incidence of incineration/ backyard burning). | • Logan City Council - Development, Health and Environment  
• Queensland Fire and Rescue Service | • Development and implementation of a protocol between Logan City Council and Queensland Fire Rescue Service. |
| **2.7.8** Continue to advocate for the Queensland Fire and Rescue Service to address legislative constraints on the control of incineration to prevent health nuisances from smoke. | • Logan City Council - Development, Health and Environment  
• Local Government Association of Queensland  
• Queensland Emergency Services  
• Queensland Department of Local Government and Planning  
• Queensland Fire and Rescue Authority | • Advocacy role carried out and legislative changes implemented. |
| **2.7.9** Implement a Memorandum of Understanding (MOU) with relevant charitable organisations to manage and control the use of donation clothing bins in Logan. | • Logan City Council - Development, Health and Environment  
• National Association of Charitable Recycling Organisations Inc.  
• Charitable Organisations | • Implementation of a MOU regarding the management and control of donation clothing bins. |
2.8 **Strategy:** To promote effective communicable disease management.

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| 2.8.1 Develop and implement a Logan Disease Management Strategy for the control of communicable, food borne and mosquito borne diseases. | • Logan City Council - Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit | • Endorsement of strategy by Logan City Council.  
• Implementation of actions identified in the strategy. |
| 2.8.2 Review all Logan City Council immunisation services provided to the community, particularly with respect to target groups (eg indigenous communities, the young, aged populations, community clinics and school based program participants); and develop and implement a collaborative Logan Immunisation Strategy. | • Logan Immunisation Local Area Group  
• Logan City Council - Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit  
• Logan Area Division of General Practice  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Child Health Team, Adult Nursing Team; and Division of Allied Health, Indigenous Health Stream | • Review completed of all Logan City Council immunisation services and outcomes of the review reported to Council.  
• Development and implementation of a collaborative Logan Immunisation Strategy. |
| 2.8.3 Promote the uptake of pneumococcal and influenza vaccines by ‘at risk’ groups including indigenous persons and older persons (65 years and over). | • Logan Immunisation Local Area Group  
• Logan City Council - Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit  
• Logan Area Division of General Practice  
• Queensland Health- Logan-Beaudesert Health Service District, Division of Community Health, Child Health Team, Adult Nursing Team; and Division of Allied Health, Indigenous Health Stream | • Promotion of the pneumococcal and influenza vaccines to ‘at risk’ groups. |
| 2.8.4 Finalise the development of the Logan Counter Disaster Public Health Sub-Plan. | • Logan City Council - Development, Health and Environment, City Works  
• Queensland Health - Brisbane Southside Public Health Unit  
• Logan Area Division of General Practice  
• Department of Emergency Services | • Endorsement of the Logan Counter Disaster Public Health Sub-Plan by the Logan City Counter Disaster Committee. |
3.0 Effective Health Service Delivery
3.0 Effective Health Service Delivery

Health is recognised as a right for all people. Acknowledged as a resource for life, health is more than the absence of disease and includes concepts of physical, mental and social well being. In order to achieve this state of well-being, people must have access to a wide range of services that promote health and prevent disease as well as those that treat illness and disease.

Coordination of the provision of health services is essential if service providers are to improve health outcomes. Increased awareness of health services in our community is aligned to good health outcomes. A major issue raised during the planning process was access to an information dissemination database. Although a number of databases are existing, the need to have an accessible database for health and health related service providers that can be accessed by the service providers and by the community was identified.

Adequate health care in our community is aligned to ensuring all people have access to health care that is affordable, accessible and culturally appropriate.

The Logan Public Health Plan objective for the Effective Health Service Delivery theme is ‘to provide appropriate and accessible community based health services’.

The strategies include:

3.1 To strengthen links between key stakeholders, identify and address gaps and duplication of services

3.2 To provide adequate facilities and services where gaps are identified in health services.

3.3 To enhance the capacity of programs that address the prevention of disease, illness and injury.
### 3.0 Objective:
To provide appropriate and accessible community based health services.

### 3.1 Strategy:
To strengthen links between key stakeholders, identify and address gaps and the duplication of services.

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<tbody>
<tr>
<td>3.1.1 Promote the Logan Interagency and it’s subgroups</td>
<td>• Logan Interagency and Logan Interagency Subgroups</td>
<td>• Promotion of the Logan Interagency and it’s subgroups.</td>
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<tr>
<td></td>
<td>• Local, State and Federal Government</td>
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<td></td>
<td>• Not for profit organisations</td>
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<tr>
<td>3.1.2 Identify health needs and address gaps and duplication of services, particularly in relation to:</td>
<td>• Logan City Council - Development, Health and Environment</td>
<td>• Gaps and any duplication of services identified.</td>
</tr>
<tr>
<td>• drug and alcohol services</td>
<td>• Logan Interagency</td>
<td>• Strategies developed to address gaps.</td>
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<tr>
<td>• oral health services</td>
<td>• Queensland Health - Brisbane Southside Public Health Unit</td>
<td>• Communication channels established with other reference groups.</td>
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<tr>
<td>• general practitioner services</td>
<td>• Queensland Health - Logan-Beaudesert Health Service District, Division of Community and Division of Mental Health</td>
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<tr>
<td>• hospital services</td>
<td>• Logan Area Division of General Practice</td>
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<tr>
<td>• emergency services</td>
<td>• Queensland Police</td>
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<tr>
<td>• family services</td>
<td>• Emergency Services</td>
<td></td>
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<tr>
<td>• respite services</td>
<td>• Department of Housing</td>
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<td>• housing services</td>
<td>• Disability Services Queensland</td>
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<td>• disability services</td>
<td>• Youth and Family Service (Logan City) Inc.</td>
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<tr>
<td>• domestic violence services</td>
<td>• Department of Families</td>
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<tr>
<td>• mental health services</td>
<td>• Not for profit organisations</td>
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<tr>
<td>• palliative care services</td>
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<tr>
<td>3.1.3 Develop and implement a community based health information directory, which assists with cross agency referrals and facilitates community access and establish a mechanism for monitoring the access to the directory.</td>
<td>• Logan City Council - Development, Health and Environment, Libraries and Cultural Services Branch, Information System Services and Marketing and Communication Branch</td>
<td>• Development of a community based health information directory.</td>
</tr>
<tr>
<td></td>
<td>• Logan Area Division of General Practice</td>
<td>• Availability of the directory through a variety of means, including Logan City Council’s web site.</td>
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<td>• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health</td>
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<td></td>
<td>• Department of Health and Ageing - Carelink</td>
<td>• Establishment of monitoring mechanism.</td>
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<td>• Lifeline</td>
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<td>Actions</td>
<td>Key Partners</td>
<td>Performance Indicators/ Desired Outcomes</td>
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| 3.1.4 Develop a hard copy and web based integrated health care provider and health related services directory for the Logan-Beaudesert region that, is self sustainable with service providers having specific access to maintain their own information. | • Logan Area Division of General Practice  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health  
• Queensland Health - Southern Zone Public Health Unit  
• Logan City Council - Development, Health and Environment, Libraries and Cultural Services Branch, Information System Services and Marketing and Communication Branch  
• Local General Practitioners  
• Department of Health and Ageing  
• Commonwealth Carelink  
• Lifeline | • Development of a hard copy and web based directory. |
| 3.1.5 Develop a shared protocol (contacts and procedures) to respond to social issues in relation to poor housing, squalid conditions and adult guardianship identified by Logan City Council staff in enforcing local laws and environmental health legislation. | • Logan City Council - Development, Health and Environment  
• Youth and Family Service (Logan City) Inc.  
• Department of Housing  
• Queensland Police  
• Office of Adult Guardian | • Developed shared protocol in response to social issues. |
| 3.1.6 Promote community care services through the Home and Community Care Program by:  
• enhancing the access by eligible clients  
• enhancing Home and Community Care health service coordination for frail older persons and younger disabled persons (eg meals on wheels)  
• providing support to the area Home and Community Care Program. | • Queensland Health - Home and Community Care, Logan and Beaudesert District Office  
• Logan Home and Community Care providers  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Adult Allied Health Team and Adult Nursing Team  
• Logan City Council - Social Coordination Branch  
• Department of Health and Aging  
• Commonwealth Carelink Centres | • Promotion of the Home and Community Care Program. |
### 3.2 Strategy: To provide adequate facilities and services where gaps are identified in health services.

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</table>
| 3.2.1 Investigate the establishment of a ‘time out centre’ for young persons that are found to be under the influence of a substance in a public place. | • Drug Arm  
• Queensland Health - Logan-Beaudesert Health Service District, Alcohol, Tobacco and Other Drugs Service  
• Logan City Council - Social Coordination Branch, and Development, Health and Environment  
• Department of Families  
• Queensland Police Service  
• Aboriginal and Torres Strait Islander Legal Services Education Queensland  
• Burragah Aboriginal and Islander Cooperative  
• Alcohol, Education and Rehabilitation Foundation  
• Youth and Family Service (Logan) Inc.  
• Combined Housing Organisation | • Investigation into the establishment of a ‘time out centre’ conducted |
| 3.2.2 Seek funding for and if successful, construct and operate a palliative care hospice for the terminally ill. | • Logan Area Community Hospice Limited  
• Logan City Council  
• Blue Nurses  
• St Luke’s Nursing  
• Queensland Cancer Fund  
• Multicultural and Indigenous Groups  
• Palliative Care Australia | • Funding secured and palliative care hospice constructed and operational. |
| 3.2.3 Identify barriers and advocate for adequate numbers of general practitioners to fulfil the need in Logan. | • Logan Area Division of General Practice  
• Department of Health and Ageing  
• Logan City Council | • Barriers identified.  
• Adequate numbers of general practitioners provided in the Logan area. |
| 3.2.4 Investigate the need for a ‘Detox Centre’ for the Logan region. | • Logan City Council - Development, Health and Environment  
• Drug Arm (Home Assessment and Response Team)  
• Queensland Health - Logan-Beaudesert Health Service District, Alcohol Tobacco and Other Drugs Services | • Investigation conducted and need addressed. |
| 3.2.5 Identify multicultural health needs and advocate for the integration of those needs into health service programs. | • Logan Multicultural Diversity Network  
• Queensland Health - Logan-Beaudesert Health Service District, Division of Allied Health and Division of Community Health; and Multicultural Health Reference Group  
• Logan City Multicultural Neighbourhood Centre  
• Access Inc.  
• Ethnic Community Council of Queensland  
• Logan City Council - Social Coordination Branch  
• Community representatives | • Multicultural health needs identified and the integration of those needs into health service programs addressed. |
### 3.3 Strategy: To enhance the capacity of programs that address the prevention of disease, illness and injury.

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<tr>
<td>3.3.1 Advocate and provide support for general practitioners to participate in the federal incentive programs for early diagnosis, injury and prevention, patient care plans, enhanced primary care and national health priorities.</td>
<td>• Logan Area Division of General Practice • Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health</td>
<td>• Increased number of general practitioners actively involved in programs for early diagnosis, injury and prevention, development of patient care plans, enhanced primary care and national health priorities.</td>
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<tr>
<td>3.3.2 Enhance allied health professional capacity in the community in relation to care plans as a result of funding availability.</td>
<td>• Queensland Council of Allied Health Professionals • Logan Area Division of General Practice</td>
<td>• Enhanced allied health professional capacity available in the community in relation to care plans as a result of funding availability.</td>
</tr>
<tr>
<td>3.3.3 Advocate for the quality use of medicines, including the non-prescription of drugs.</td>
<td>• Logan Area Division of General Practice • Department of Health and Ageing • Pharmacies</td>
<td>• Increased promotion of lifestyle change and alternative therapies.</td>
</tr>
<tr>
<td>3.3.4 Continue and enhance the integrated oral health promotion program associated with the school dental health service.</td>
<td>• Queensland Health - Logan-Beaudesert Health Service District, Division of Oral Health</td>
<td>• Continuation and enhancement of the integrated oral health promotion program.</td>
</tr>
<tr>
<td>3.3.5 Implement the Queensland Health ‘Falls Prevention in Older People’ action plan.</td>
<td>• Queensland Health - Brisbane Southside Public Health Unit • Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health and Division of Allied Health • Department of Housing • Sport and Recreation Queensland</td>
<td>• Implementation of the Queensland Health ‘Falls Prevention in Older People’ action plan.</td>
</tr>
<tr>
<td>3.3.6 Advocate for building and product design changes to reduce the incidences of poisoning, falls in children and the elderly, burns and scalds and pool drowning.</td>
<td>• Queensland Health - Brisbane Southside Public Health Unit • KidSafe • Office of Fair Trading • Logan City Council - Development, Health and Environment</td>
<td>• Implementation of building and product design changes • Reduction in the number of injuries in target population groups.</td>
</tr>
<tr>
<td>3.3.7 Implement the ‘National Asthma Action Plan’ to improve the awareness and knowledge of the prevention and control of asthma.</td>
<td>• Asthma Foundation of Queensland • Logan Area Division of General Practice • Queensland Health - Logan-Beaudesert Health Service District, Division of Community Health, Integrated Respiratory Team</td>
<td>• Implementation of the National Asthma Action Plan and in particular a community and health professional asthma awareness program.</td>
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4.0 Community Capacity
4.0 Community Capacity

The public health planning process involves enhancing the community’s capacity to achieve health outcomes for Logan. In accordance with the WHO’s Ottawa Charter, the aim of municipal public health planning is to assist communities to build healthy public policy, create supportive environments, strengthen community actions, develop personal and collective skills by providing learning opportunities, and reorientate health services.

According to Hawe, P (2000) et al, capacity building involves developing sustainable skills, organisational structures, resources and commitment to health improvement in health and other sectors... [to] prolong and multiply health gains many times over.

A report by NSW Department of Health (2000) outlined that capacity building can occur not only within programs, but also within systems. It can lead to greater capacity of people, organisations and communities to promote health. This means that capacity building activity may be developed with individuals, groups, teams, organisational coalitions, or communities.

The Logan Public Health Plan objective for the Community Capacity theme is ‘to build community capacity to respond more effectively to health needs’.

The strategies include:

4.1 To develop successful community and government partnerships that address health and social issues in a coordinated approach

4.2 To enhance social engagement, employment initiatives and infrastructure

4.3 To develop a positive sense of community safety.
### 4.0 Objective:
To build community capacity to respond more effectively to health needs.

### 4.1 Strategy:
To develop successful community and government partnerships that address health and social issues in a coordinated approach.

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| 4.1.1 Advocate for political support at a local, regional, state and federal level for the implementation of health and social initiatives where they are founded on evidence based information. | • Logan City Council  
• South East Queensland Regional Organisation of Councils  
• Regional Managers Forum  
• Queensland Public Health Forum  
• Queensland Government  
• National Public Health Partnership  
• Commonwealth Department of Health and Aging  
• The National Public Health Partnership | • Objectives, strategies and actions in the Logan Public Health Plan are reported to government agencies and receive support, including financial support, and endorsement. |
| 4.1.2 Develop Memorandums of Understanding to encourage a collaborative approach with lead key partners to facilitate the progressive implementation of the Logan Public Health Plan. | • Logan City Council - Development, Health and Environment  
• Lead Key Partners | • Development of Memorandums of Understanding. |
| 4.1.3 Provide training/education opportunities on community partnerships to the Logan Interagency. | • Queensland Council of Social Science  
• Logan Interagency  
• Logan City Council - Social Coordination Branch and Development, Health and Environment | • Provision of training/education opportunities on community partnerships. |
| 4.1.4 Develop joint funding initiatives that build community and government partnerships. | • Queensland Council of Social Sciences  
• Queensland Government  
• Logan Interagency  
• Community Reference Groups  
• Logan City Council - Social Coordination Branch | • Development of joint funding initiatives. |
4.2 **Strategy:** To enhance social engagement, employment initiatives and infrastructure.

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| 4.2.1 Engage communities in local event planning (for example, local festivals, Puryahra Indigenous Health Expo). | • Logan City Council - Libraries and Cultural Services Branch  
• Logan City Council - Development, Health and Environment  
• Queensland Health - Logan-Beaudesert Health Service District  
• Arts Queensland  
• Festival Queensland  
• Chamber of Commerce  
• Murri and Torres Strait Islander Network Inc.  
• Local business groups  
• Logan Office of Economic Development  
• Community groups including multicultural and indigenous organisations | • Increased community, business and government involvement at the concept and planning phases of local events. |
| 4.2.2 Promote the skill base and employment opportunities through the Logan Employment Task Force. | • Logan Employment Task Force  
• Logan City Council - Logan Enterprises and Social Coordination Branch  
• Logan TAFE  
• Griffith University  
• Secondary schools  
• Department of Employment and Training (job share)  
• Local business associations  
• Logan Economic Development Board  
• Chamber of Commerce  
• 4118 Club  
• Youth and Family Service (Logan City) Inc. | • Increased employment opportunities for local people through employment and training initiatives, funding incentives for employers, economic development and promotion of employment pathways.  
• Increase in work enterprise opportunities for people with a disability. |
### 4.3 Strategy: To develop a positive sense of community safety.

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| 4.3.1 Inform the community about the positive role the police play in  | • Queensland Police, Problem Orientated Policing Officer and Media Liaison Unit  
| community capacity building, including:                                | • Working Against Violence Support Service  
| - Supporting the current trial ‘Fax Back’ project that focuses on       | • Youth and Family Service (Logan) Inc.  
| domestic violence and police responses, and                           | • Department of Families  
| - Working with the community                                          | • Community members  
| through the Police Community Consultative Committee.                  | • Victims of Crime Support Scheme  
|                                                                          | • Neighbourhood Watch  
|                                                                          | • Logan City Council - Social Coordination Branch  
|                                                                          | • Enhanced communication to the community regarding the range of Queensland Police programs under the Police and Community Working Together strategy.  
|                                                                          | • Increased mechanisms for the reporting of incidents of crime, allowing for anonymity eg. Crime Stoppers, Community Safety Strategy, Neighbourhood Watch. |
| 4.3.2 Develop and implement crime prevention strategies based on        | • Logan City Council - Social Coordination Branch and Development, Health and Environment  
| Crime Prevention Through Environmental Design principles.              | • Queensland Police  
|                                                                          | • Regional Managers Forum  
|                                                                          | • Community Renewal  
|                                                                          | • Development and implementation of crime prevention strategies. |
| 4.3.3 Raise individuals and community awareness about crime prevention  | • Queensland Police  
| measures and how these can be implemented at a local level.           | • Neighbourhood Watch  
|                                                                          | • Logan City Council - Social Coordination Branch and Development, Health and Environment  
|                                                                          | • Building and construction industry  
|                                                                          | • Department of Housing  
|                                                                          | • Department of Emergency Services  
|                                                                          | • Community awareness programs in place. |
| 4.3.4 Engage local/ regional/ state and national media to promote local | • Logan City Council - Marketing and Communications  
| success stories, eg, community, business and sporting achievements,    | • Logan City Council - Social Coordination Branch and Development, Health and Environment  
| role models and champions.                                             | • Local/regional/state/ national media  
|                                                                          | • Positive local and regional media stories circulated in media. |
| 4.3.5 Develop a disaster risk management approach to improve community  | • Logan City Counter Disaster Committee  
| capacity to respond to disasters and establish a means of monitoring   | • Logan City Council  
| community awareness and preparedness.                                  | • Department of Emergency Services  
|                                                                          | • Counter Disaster and Rescue Service  
|                                                                          | • Department of Families  
|                                                                          | • Logan Area Division of General Practice  
|                                                                          | • Development of a disaster risk management approach.  
|                                                                          | • Increased awareness of the Logan City Council’s booklet ‘Preparing for Natural Disasters- a Guide for Residents Living in Logan City’.  
|                                                                          | • Monitoring mechanism established. |
| 4.3.6 Develop a holistic approach to case management for victims of    | • Department of Families  
| crime.                                                                 | • Premier’s Department  
|                                                                          | • Non government agencies  
|                                                                          | • Queensland Police  
|                                                                          | • Case management model for victims of crime in place. |
5.0 Affordable and Appropriate Housing

Housing is a basic human need. The availability of affordable and appropriate housing is a growing concern for Logan City and South-East Queensland with increased housing needs and pressure on existing housing resources. Sustainable communities require successful housing outcomes for households to meet the changing needs of people in the community, that recognise that life cycle and economic circumstances change over time, and that provide a housing mix that caters for all needs at affordable prices.

‘Successful housing action must address: affordable rents or mortgages, adequate and appropriateness to household needs, access to transport, essential services and facilities, safety and security, energy efficiency, travel costs, maintenance costs, and links to economic development.’ (Department of Housing, P. Chapman, June 2003, Affordable Housing in Logan- presentation to Logan Interagency Housing Network)

The South East Queensland Regional Framework for Growth Management 2000 (RFGM) states in the vision statement that ‘Housing will be affordable and in adequate supply, offering choice in style, cost and tenure to match across the whole community’. (South East Queensland Regional Framework for Growth Management, 2000). The housing principles contained within the RFGM are aligned with the actions that have emerged from the Logan public health planning process.

The Logan Public Health Plan objective for the Affordable and Appropriate Housing theme is ‘to develop a co-ordinated approach to improve appropriate and affordable housing and to reduce the level of homelessness.’

The strategies include:

5.1 Establish an effective housing network group

5.2 Improve standards of visual amenity of residential properties

5.3 To improve residential tenancy rights and responsibilities

5.4 To engage the community in healthy housing issues

5.5 To work in partnership in developing affordable and appropriate housing policy

5.6 To provide sufficient short and long term emergency or crises care housing for those in need.
### 5.0 Objective

To develop a coordinated approach to improve the availability of appropriate and affordable housing and to reduce the level of homelessness.

### 5.1 Strategy

Establish an effective housing networking group.

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<thead>
<tr>
<th>Actions</th>
<th>Key Partners</th>
<th>Performance Indicators/ Desired Outcomes</th>
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</thead>
</table>
| **5.1.1 Establish the Logan Interagency Housing Network to review affordable and appropriate housing mechanisms in Logan City.** | **Logan Interagency Housing Network** | • Establishment of the Logan Interagency Housing Network.  
• Implementation of priority actions. |

- Improvement of the standard of residential properties;
- Provision of better access to emergency housing/crisis care services;
- Reduction of the level of homelessness in Logan; and
- Minimise cultural barriers for accessing affordable and appropriate housing.
5.2 **Strategy:** Improve the standard and visual amenity of residential properties.

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<tbody>
<tr>
<td>5.2.1</td>
<td>Logan City Council - Development, Health and Environment, Residential Tenancies Authority, Tenants’ Union- Queensland, Tenants Advice and Advocacy Service- Youth and Family Service (Logan City) Inc. and Department of Housing, Department of Housing, Real Estate Institute of Queensland, Property Owner’s Institute of Queensland, Logan Interagency Housing Network, Logan and Neighbouring Areas Regional Tenancy Association, Interlink Housing and Support, Support Accommodation Assistance Program, Kingston East Neighbourhood Group, Karakan Hostels, Tenancy Information Centre of Australia, Habitat for Humanity</td>
<td>Development and implementation of program.</td>
</tr>
<tr>
<td></td>
<td>Department of Housing</td>
<td>Development and implementation of an expanded insect/security screen program.</td>
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<tr>
<td></td>
<td>Department of Housing</td>
<td>Implementation of a targeted maintenance and beautification program.</td>
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<td></td>
<td>Logan City Council - Marketing and Communication Branch</td>
<td>Maintenance and promotion of the annual Logan Garden Competition.</td>
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<tr>
<td>5.2.5</td>
<td>Logan City Council - Parks Branch</td>
<td>Enhancement and maintenance of Council’s parks and road landscape programs.</td>
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</table>
### 5.3 Strategy:
To improve residential tenancy rights and responsibilities.

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</table>
| 5.3.1 Advocate for a review of the ‘TICA- Default Tenancy Control System’* to ensure:  
• tenants have accessibility, and  
• tenants have an opportunity to appeal when their name is listed.  
* TICA is a tenancy black list used by property managers throughout Australia and New Zealand. | Tenants’ Union Queensland  
Attorney General’s Office  
Ombudsman  
Youth and Family Service (Logan) Inc.  
Logan Interagency Housing Network  
Logan and Neighbouring Areas Regional Tenancy Association  
Queensland Community Housing Coalition and Community Housing Resource Worker | TICA system is accessible to tenants.  
TICA system includes an appeal system.  
Awareness raised of the accessibility of TICA and the appeal process. |
| 5.3.2 Develop and implement a community and youth education program to increase the awareness of tenant rights and responsibilities, especially relating to the ‘Entry Condition Report Application (Form 1A)’/ building defects and ‘Bond Lodgement Application (Form 2)’. | Tenants’ Union- Queensland  
Residential Tenancy Authority  
Tenants Advice and Advocacy Service | Community and youth education program developed and implemented. |

### 5.4 Strategy:
To engage the community in healthy housing issues.

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</table>
| 5.4.1 Engage community participation in healthy social planning relating to housing issues. | Logan City Council - Development, Health and Environment, and Social Coordination Branch  
Department of Housing  
Logan Interagency Housing Network  
Interested community members | Increased community participation and ownership of housing policies, including Logan City Council Planning Scheme and Department of Housing Smart Housing policy.  
Development incorporates healthy social planning. |
5.5 Strategy: To work in partnership in developing affordable and appropriate housing policy.

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| 5.5.1 Promote the Department of Housing’s “Smart Housing” principles in order to encourage design and construction of residential housing that is more socially, environmentally and economically sustainable. | • Department of Housing - Smart Housing  
• Logan City Council - Development Assessment Branch, Strategic Services Branch  
• Logan Interagency Housing Network  
• Queensland Master Builders Association  
• Building Designers Association of Queensland  
• Real Estate Institute of Queensland  
• Property Owner’s Institute of Queensland  
• Community based housing agencies  
• Logan and Neighbouring Areas Regional Tenancy Association  
• Residential building and construction industry  
• Urban Development Institute of Australia (Queensland)  
• Property Council of Australia (Queensland)  
• Housing Industry Association (Queensland)  
• Logan and Neighbouring Areas Regional Tenancy Association  
• Logan City Council- Strategic Services Branch  
• Department of Local Government and Planning (Queensland)  
• South East Queensland Regional Framework for Growth Management  
• SEQROC  
• Department of Housing, -Affordable Housing Unit  
• Smart Housing Committee  
• Logan Interagency Housing Network  
• Housing sector  
• Community Representatives | • Promotion of the Department of Housing’s “Smart Housing” principles. |
| 5.5.2 Integrate preventative environmental health principles into Logan City Council’s IPA Planning Scheme to maintain community well-being and neighbourhood relationships, for example:  
• provisions on location and type of air conditioners and swimming pool pumps to prevent noise nuisances affecting residents; and  
• provisions on location, type and installation of combustion heating devices to limit or prevent potential smoke nuisance affecting neighbours. | • Logan City Council - Development, Health and Environment  
• Environmental Protection Agency | • Integration of preventative environmental health provisions into Logan City Council’s IPA Planning Scheme. |
| 5.5.3 Develop an affordable and appropriate housing strategy. | • Logan Interagency Housing Network | • Development of an Affordable and Appropriate Housing Strategy. |
| 5.5.4 Include affordable and appropriate housing provisions into Logan City Council’s IPA Planning Scheme to encourage:  
• The zoning of land in appropriate locations for affordable and appropriate housing;  
• The development of suitable codes to ensure high standards of affordable and appropriate housing; and  
• Mixed use developments are facilitated. | • Logan City Council - Development, Health and Environment  
• Logan City Council - Strategic Services Branch  
• Department of Local Government and Planning (Queensland)  
• South East Queensland Regional Framework for Growth Management  
• SEQROC  
• Department of Housing, -Affordable Housing Unit  
• Smart Housing Committee  
• Logan Interagency Housing Network  
• Housing sector  
• Community Representatives | • Inclusion of affordable and appropriate housing provisions into Logan City Council’s IPA Planning Scheme. |
### 5.6 Strategy: To provide sufficient short and long term emergency or crisis care housing for those in need.

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| 5.6.1 Advocate for sufficient emergency housing.                       | • Department of Housing  
• Logan Interagency Housing Network  
• Support Accommodation Assistance Program  
• Interlink Housing and Support  
• Queensland Community Housing Coalition - Community Housing Resource Worker  
• Queensland Community Housing Coalition - Community Housing Resource Worker  
• Emergency Supported and Transitional Housing Electronic Register  
• Department of Families  
• Logan Emergency Accommodation Network  
• Reconnect  
• Logan City Council | • Availability of sufficient emergency housing.                                                                                                  |
| 5.6.2 Develop guidelines to utilise public/community housing for emergency housing to encourage the provision of emergency housing to people in need that are currently disadvantaged by restrictive categories. | • Department of Housing  
• Logan Interagency Housing Network  
• Queensland Community Housing Coalition and Community Housing Resource Worker  
• Support Accommodation Assistance Program  
• Support Accommodation Assistance Program  
• Youth and Family Service (Logan City) Inc.  
• Department of Families  
• Disability Services Queensland  
• Logan Emergency Housing Network  
• Reconnect | • Guidelines are developed.                                                                                                                      |
| 5.6.3 Develop and implement an emergency housing availability database. | • Emergency Supported and Transitional Housing Electronic Register  
• Department of Housing  
• Youth and Family Service (Logan City) Inc.  
• Support Accommodation Assistance Program  
• Queensland Community Housing Coalition and Community Housing Resource Worker  
• Queensland Community Housing Coalition and Community Housing Resource Worker  
• Interlink Housing and Support  
• Logan Interagency Housing Network  
• Logan Emergency Accommodation Network | • Development and implementation of an emergency housing database.                                                                 |

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| **5.6.4** Provide a 1 – 800 directory service number in order to improve accessibility to current information on crises care and emergency housing services. | • Emergency Supported and Transitional Housing Electronic Register  
• Support Accommodation Assistance Program  
• Youth and Family Service (Logan City) Inc.  
• Department of Housing  
• Interlink Housing and Support  
• Queensland Community Housing Coalition and Community Housing Resource Worker | • Provision of a 1800 directory service number. |
| **5.6.5** Promote the ‘Same House, Different Landlord’ program. | • **Department of Housing**  
• Support Accommodation Assistance Program  
• Youth and Family Service (Logan City) Inc.  
• Logan City Council - Development, Health and Environment  
• Housing industry | • Promotion of the ‘Same House - Different Landlord’ program. |
| **5.6.6** Advocate for an expanded and sustainable position for a school based youth homelessness officer to work with youth and agencies to minimise youth homelessness. | • **Logan Student Homelessness Project**  
• Education Queensland  
• Department of Families  
• Department of Housing  
• Community Renewal  
• Support Accommodation Assistance Program  
• Youth and Family Service (Logan City) Inc.  
• Interlink Housing and Support  
• Boys Town Logan  
• Logan Interagency Housing Network  
• Queensland Youth Housing Coalition  
• Queensland Health - Logan-Beaudesert Health Service District, School Based Youth Health Nurse  
• Logan and Neighbouring Areas Regional Tenancy Association  
• Logan Emergency Accommodation Network | • Expanded and sustainable position for a school based youth homelessness officer is provided. |
6.0 Implementation, Monitoring and Review
6.0 Implementation, Monitoring and Review

Implementation, monitoring and review of the plan are essential components of the public health planning process to achieve real outcomes for the community. The Logan Public Health Plan Steering Committee, consisting of the original Consultative Committee and all lead key partners, will aim to implement the strategic actions in the plan over a five year period.

Lead key partners will nominate specific actions to be undertaken over a twelve month period, and in collaboration with key partners, will mobilise the resources needed, fostering partnerships to implement the nominated actions. In 1986, the World Health Organisation in the Ottawa Charter for Health Promotion concluded that ‘Health promotion works through concrete and effective community action in seeing priorities, making decisions, planning strategies and implementing them to achieve better health. At the heart of this process is the empowerment of communities, their ownership and control of their own endeavours and destinies.’ (WHO, 1986 Ottawa Charter for Health Promotion, International Conference on Health Promotion, Ottawa, Canada, 17-21 November). The Logan Public Health Plan will be implemented following this fundamental principle.

The monitoring of the actions and performance indicators/desired outcomes will be undertaken by the lead key partners and reported to the Steering Committee. This involves assessing the implementation of the nominated actions. The summary and updates of performance indicators/desired outcomes will be placed on Logan City Council’s website at www.logan.qld.gov.au/publichealthplan The health outcomes are the measurement to record the enhancement of community well-being and quality of life in Logan. The World Health Organisation quotes the definition of health outcomes as ‘a change in the health status of an individual, group or population, which is attributed to a planned intervention or series of interventions, regardless of whether such an intervention was intended to change health status’. (WHO, Health Promotion Glossary). The monitoring of the actions and performance indicators/desired outcomes will again be based on this fundamental principle.

The Steering Committee will regularly review the strategies and actions for future health planning strategies. The Logan Public Health Plan objective for the implementation, monitoring and review theme is “to ensure the Logan Public Health Plan is effectively implemented, monitored and reviewed.”

The strategy is to:

6.1 Ensure that the plan’s objectives and strategies reflect local health needs and that community health planning is sustainable.
### 6.0 Objective:
To ensure the Logan Public Health Plan is effectively implemented, monitored and reviewed.

### 6.1 Strategy:
Ensure that the plan’s objectives and strategies reflect local health needs and that community health planning is sustainable.

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</table>
| **6.1.1 Establish and manage a Steering Committee for the Logan Public Health Plan to implement, monitor and review and report on the progress the strategies in the plan.** | • Logan Public Health Plan - Project Management Group  
• Logan City Council - Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit  
• Logan Public Health Plan - Steering Committee | • Establishment of a Steering Committee.  
• Agreement on roles and responsibilities.  
• Develop terms of reference for the Steering Committee. |
| **6.1.2 Logan Public Health Plan Steering Committee to meet regularly to progress the Logan Public Health Plan initiatives.** | • Logan Public Health Plan - Project Management Group  
• Logan Public Health Plan - Steering Committee  
• Logan City Council - Development, Health and Environment  
• Queensland Health - Brisbane Southside Public Health Unit | • Lead key partners to advise steering committee of actions to be undertaken in the current year.  
• Lead key partners to advise steering committee of progress of actions and completed actions.  
• Steering committee to record action completed.  
• Steering committee to disseminate outcomes to the community.  
• Logan City Council - Development Health and Environment provide update reports to Council. |
7.0 Invitation to Comment

The project vision for the Logan Public Health Plan 2003-2008 is ‘Working together to enhance community well-being and quality of life in Logan’. We encourage everyone to provide comments and suggestions on the plan to assist collaborative health planning into the future.

We invite you to go to the Logan City Council website at www.logan.qld.gov.au/publichealthplan to provide your comments and access further information about the Logan Public Health Plan, and other related information.

Or alternatively, please return your comments to:

The Project Coordinator
Logan Public Health Plan
Logan City Council
Development Health and Environment
PO Box 3226
LOGAN CITY DC 4114 QUEENSLAND
FAX: 07 3808 0014
council@logan.qld.gov.au
www.logan.qld.gov.au/publichealthplan"

Providing the following details:

Your Name:
Your Address:
Your Telephone:
Organisation you represent (if applicable):
Your Comments: