### ACTIVE Vs INACTIVE

- Active population: 75.8%
- Inactive population: 24.2%

### ORGANISED Vs UNORGANISED ACTIVITIES

- Organised: 50%
- Unorganised: 50%

### TYPE OF ORGANISATION

- Sport or recreation club or association that required payment of membership, fees or registration: 57%
- Fitness, leisure or indoor sports centre that required payment for participation: 22%
- Council Fitness Program (i.e. Live Well Logan Program etc.): 8%

### TOP 5 ACTIVITIES AND AVERAGE PARTICIPATION PER WEEK

- **36%** Walking for exercise (3 times a week)
- **32%** Fitness/Gym (3 times a week)
- **17%** Running/Jogging (3 times a week)
- **14%** Swimming/Diving (2 times a week)
- **9%** Soccer (Outdoor) (3 times a week)

### COUNCIL FACILITIES

- **44%** Bikeways/Pathways
- **41%** Parks (general/non-specific)

### TOP 3 MOTIVATING FACTORS

- **75%** General well-being/health/stay active
- **70%** Fitness
- **35%** Enjoyment/have fun

### BARRIERS TO PARTICIPATION

- **32%** Lack of time/Too busy
- **32%** Accessibility issues/Inappropriate locations/Distance to venue
- **23%** Cost/Too expensive
- **22%** Lack of facilities/Substandard facilities or settings
- **10%** Unavailability of preferred activity

### PARTICIPATION - RURAL RESIDENTS

- **36%** Walking for exercise
- **24%** Health/Fitness
- **20%** General well-being/health/stay active
- **14%** Running/Jogging
- **9%** Swimming/Diving

### TOP 3 ACTIVITIES RURAL RESIDENTS

- **36%** Walking for exercise
- **32%** Fitness/Gym
- **24%** Health/Fitness

### NOTE:

To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. Results were collated by the AEC Group from responses of 979 Logan residents 15 years old and over. The above information was derived from the responses of 193 Logan residents living in a rural suburb. Rural suburbs comprise: Belivah Buccan, Carbrook, Cedar Creek, Cedar Grove, Cedar Vale, Greenbank, Jimboomba, Karana, Karabar, Logan Village, Lyons, Mundoolun, Munruben, New Beith, North Maclean, Park Ridge South, Priestdale, South Maclean, Stockleigh, Tamborine, Undullah, Veresdale, Veresdale Scrub, Windaroo, Wolffdene, Woodhill and Yarrabilba.

### NOTE:

Many questions in the survey allowed each respondent to choose more than one selection. Percentages are calculated as a proportion of the total number of selections to the number of respondents. Thus percentages may add to more than 100% in these cases.