## RUNNING/JOGGING

 ADULTSPOPULATION PARTICIPATING


■ Active population, Logan: 16.5\%

- Inactive population, Logan: 83.5\%
- Active population, Aus: 7.4\%
- Inactive population, Aus: 92.6\%

RESPONDENTS DEMOGRAPHICS


- Adult: 83\% - Seniors: 1\%
- Youth and young adult: 16\%
- Male: 58\%
- Female: 42\%


## RESTRICTED ACTIVITIES



$3^{\text {rd }}$ most popular activity for adults

3. Running/Jogging: 16.5\%4. Swimming/Diving 5. Road Cycling 6. Bush Walking 7. Soccer (Outdoor) 8. Mountain Bike Riding 9. Yoga

Average session length

$2^{\text {nd }}$
highest Council facility used (45.7\%)

## CHILDREN

$17^{\text {th }}$ most popular activity for children

|  | 1. Swimming/ |
| :---: | :---: |
| 2. Soccer (Outdoor) <br> 3. Road Cycling | Diving |
| 4. Tennis |  |
| 5. Dancing/Ballet |  |
| 6. Walking for exercise |  |
| 7. Soccer (Indoor) |  |
| 8. Australian Rules Football |  |
| 9. Football (exc. Rugby, Soccer, Aus Rules) |  |
| 10. Martial Arts |  |
| 11. Netball |  |
| 12. Athletics, Track and Field |  |
| 13. Gymnastics |  |
| 14. Bush Walking |  |
| 15. Mountain Bike Riding |  |
| 16. BMX Bike Riding |  |
| fic 17. Running/Jogging: 3.8\% |  |

## Note:

To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 124 Logan residents 15 years old and over, participating in 'running/jogging'.
17. Running/Jogging: 3.8\%


3 rd facility used (34.9\%)

