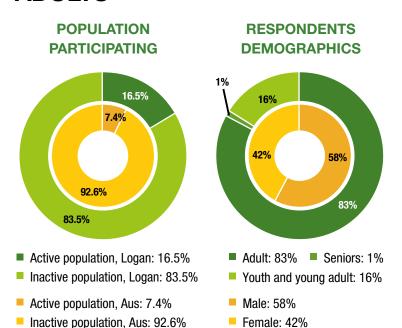
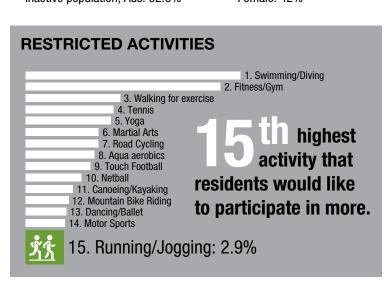
RUNNING/JOGGING

ADULTS







3rd most popular activity for adults



CHILDREN 17th most popular activity for children

1. Swimming/ 2. Soccer (Outdoor) Diving 3. Road Cycling 4. Tennis 5. Dancing/Ballet 6. Walking for exercise 7. Soccer (Indoor) 8. Australian Rules Football 9. Football (exc. Rugby, Soccer, Aus Rules) ■ 10. Martial Arts ■ 11. Netball ■ 12. Athletics, Track and Field 13. Gymnastics 14. Bush Walking 15. Mountain Bike Riding ■ 16. BMX Bike Riding

17. Running/Jogging: 3.8%

AVERAGE PARTICIPATION 2 times a week Average session length 37.9 minutes 3rd highest Council facility used (34.9%)



To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 124 Logan residents 15 years old and over, participating in 'running/jogging'.

Bikeways/Pathways

Bikeways/Pathways



facility used

(45.7%)