WALKING FOR EXERCISE ADULTS

RESPONDENTS

DEMOGRAPHICS

32%

80%

Seniors: 14%

6%

68%

Youth and young adult: 6%

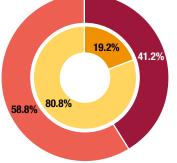
14%

Adult: 80%

Male: 32%

Female: 68%

POPULATION PARTICIPATING



- Walking population, Logan: 41.2%
- Non-walking population, Logan: 58.8%
- Walking population, Aus: 19.2%
- Non-walking population, Aus: 80.8%

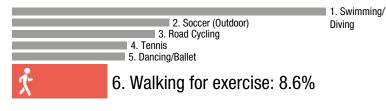


1. Swimming/Diving 2. Fitness/Gym 3. Walking for exercise: 7.0% 4. Tennis 5. Yoga 6. Martial Arts 7. Road Cycling

highest activity that residents would like to participate in more.

CHILDREN

6th most popular activity for children





Most popular activity for adults





highest Council facility used (45.7%)

AVERAGE PARTICIPATION

3 times a week

Average session length





highest Council facility used (34.9%)



Note:

To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 310 Logan residents 15 years old and over, participating in 'walking for exercise'.

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