MOUNTAIN BIKE RIDING

ADULTS

Population Participating
- Active population, Logan: 4.3%
- Inactive population, Logan: 95.7%
- Active population, Aus: N/A
- Inactive population, Aus: N/A

Respondents Demographics
- Adult: 99%
- Seniors: 1%
- Youth and young adult: 0%
- Male: 74%
- Female: 26%

Average Participation
1 time a week

8th most popular activity for adults

RESTRICTED ACTIVITIES
1. Swimming/Diving
2. Walking for exercise
3. Fitness/Gym
4. Tennis
5. Yoga
6. Martial Arts
7. Road Cycling
8. Aqua aerobics
9. Touch Football
10. Netball
11. Canoeing/Kayaking
12. Mountain Bike Riding: 3.4%

12th highest activity that residents would like to participate in more.

CHILDREN

15th most popular activity for children

Average Participation
1 time a week

Average session length

Note:
To better understand community physical levels, Logan City Council conducted a survey in November and December 2015. Data was gathered on organised and unorganised sport, recreation and physical activity. The above results were collated by the AEC Group from responses of 32 Logan residents 15 years old and over, participating in ‘mountain bike riding’.

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